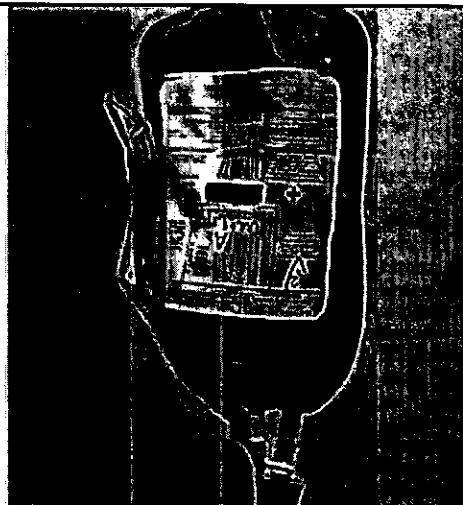




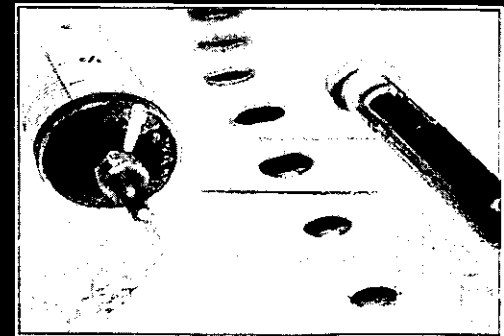
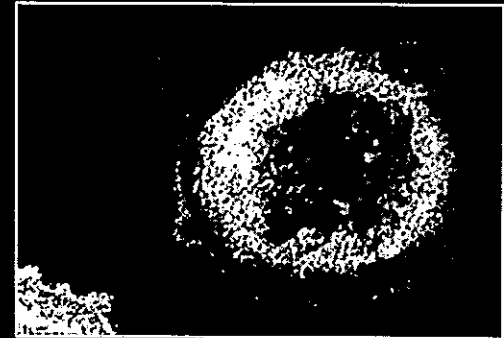
# Bloodborne Pathogens



h a e m a t o l o g y

# Bloodborne Pathogens

- Pathogenic microorganisms that are present in human blood and can cause disease in humans.
- Examples of bloodborne diseases:
  - Human Immunodeficiency Virus (HIV)
  - Hepatitis B
  - Hepatitis C
  - Malaria
  - Syphilis



# Potentially Infectious Bodily Fluids

## Blood

Semen  
Vaginal secretions

- Cerebrospinal fluid
- Synovial fluid
- Pleural fluid

- Peritoneal fluid
- Pericardial fluid
- Amniotic fluid

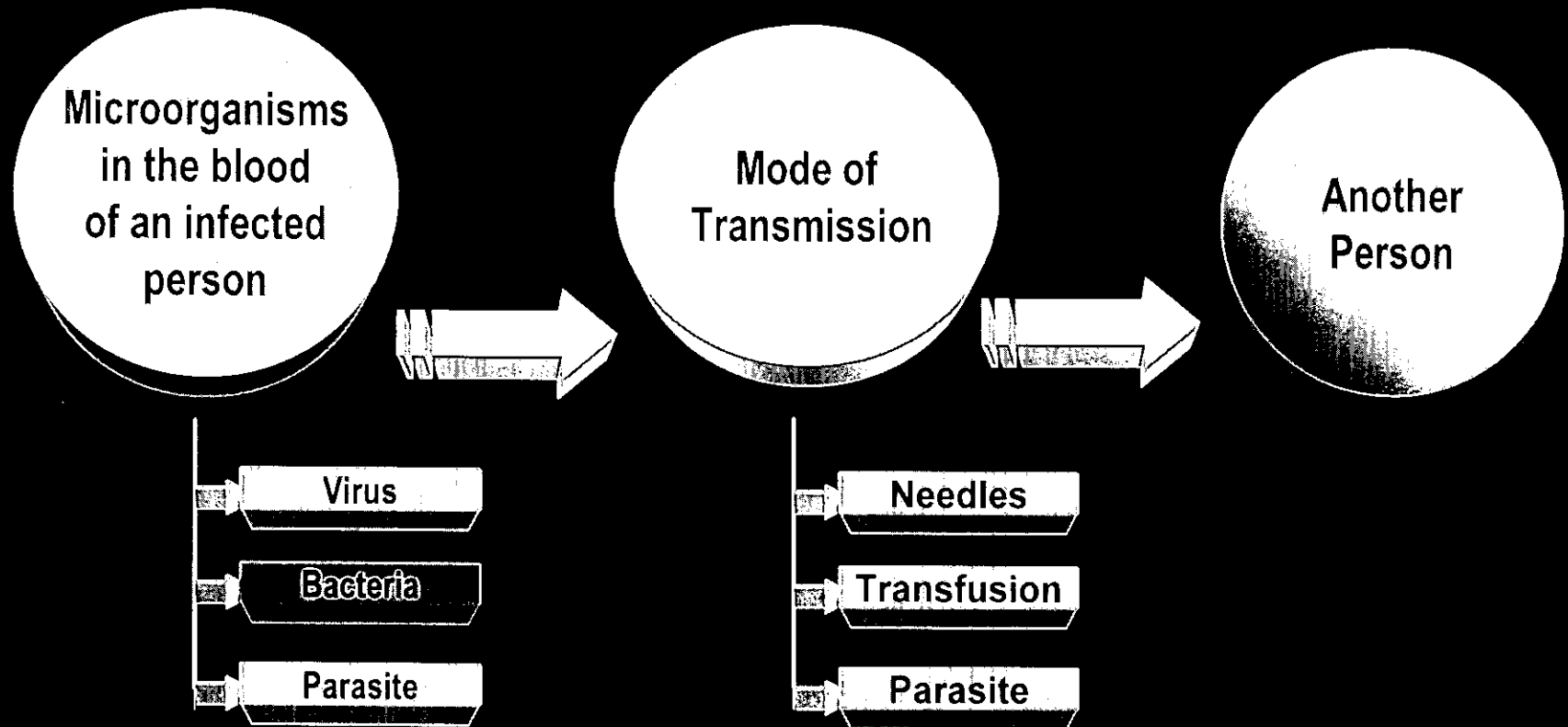
Any body fluid that is visibly contaminated with blood

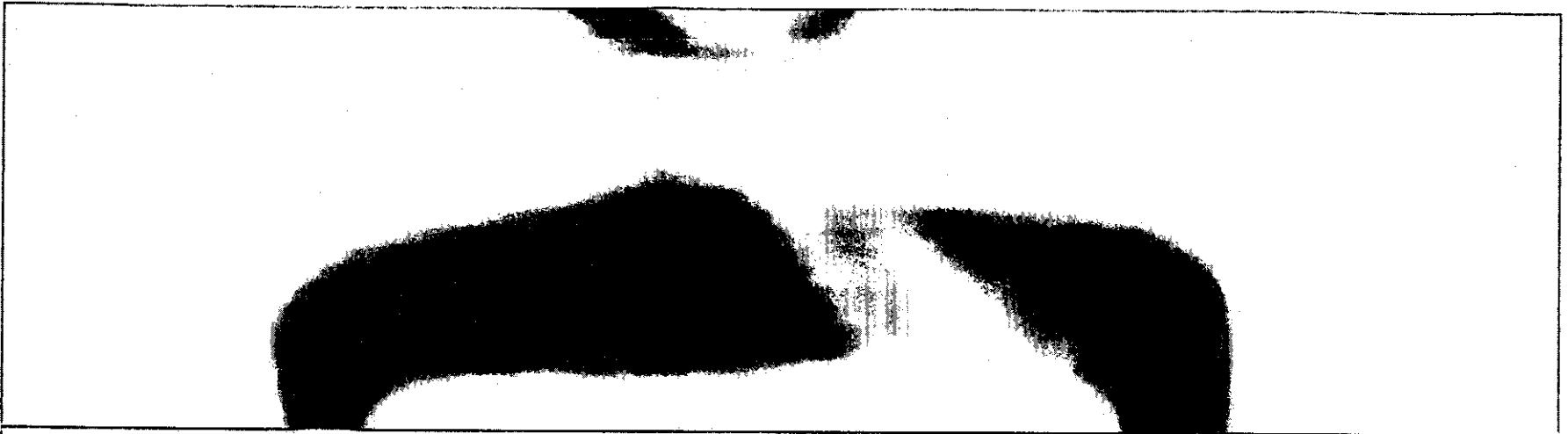
Saliva from  
dental procedures

Skin, tissue  
Cell cultures

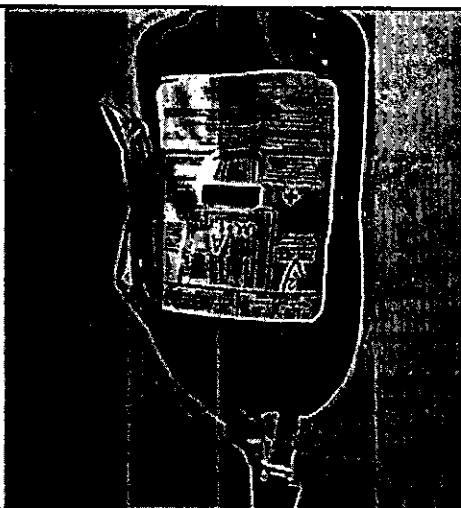
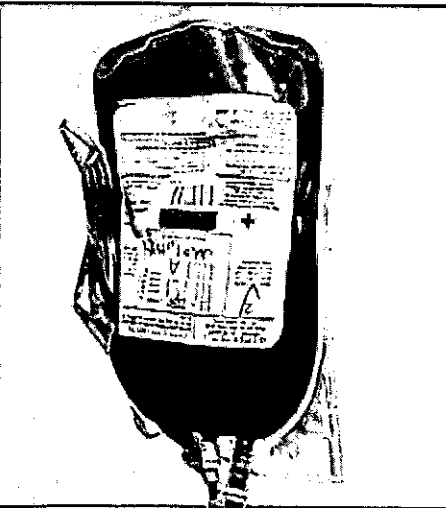
Saliva, vomit, urine  
laced with blood

# How does exposure occur?





# Bloodborne Pathogens Diseases



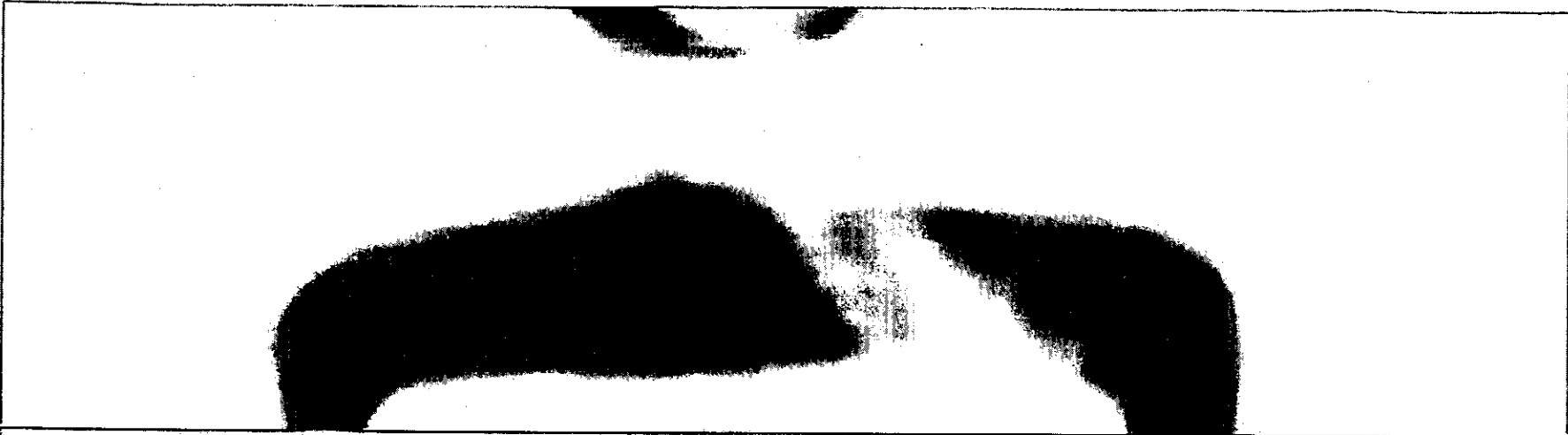
# The Big Three

Hepatitis  
B

Hepatitis  
C



HIV/AIDS

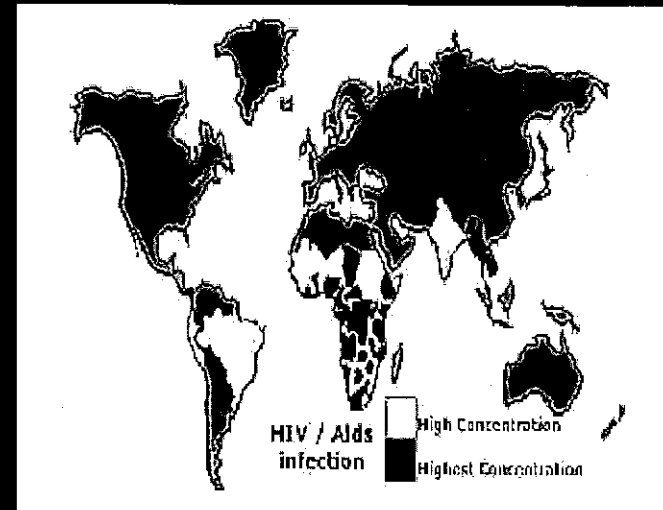


**HIV/AIDS**



# Some of the alarming facts of the HIV/AIDS tragedy worldwide:

- Over 27 million AIDS-related deaths since 1980
- 42 million people are living with HIV/AIDS
- 3 million annual AIDS-related deaths
- Sub-Saharan Africa most affected
  - Fast growing rates in China, India, Indonesia, Russia, Western Europe and Central Asia
- 25 million children will be orphans by 2010 because of AIDS



National Library of Medicine. 2005



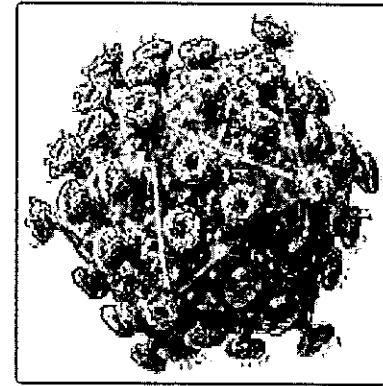
# Some alarming facts of the HIV/AIDS tragedy in the USA

- 1 million people in USA have HIV/AIDS
- Approximately 11 of every 1,000 adults (ages 15 to 49) are HIV infected
- 24-27% undiagnosed and unaware of their HIV infection
- Women are the fastest growing group to be infected with HIV



# Human Immunodeficiency Virus (HIV)

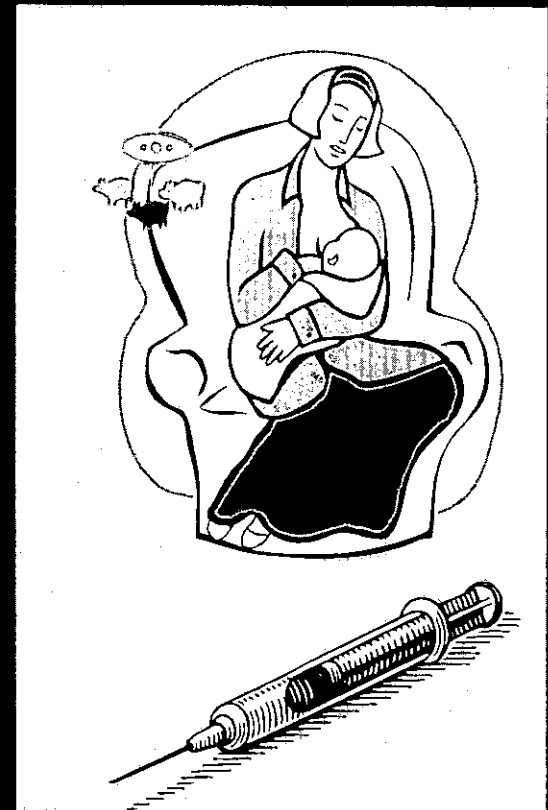
- HIV is the virus that leads to AIDS
- HIV depletes the immune system
- HIV does not survive well outside the body
- There is still no vaccine available



**HIV Virus**

# Transmission of HIV

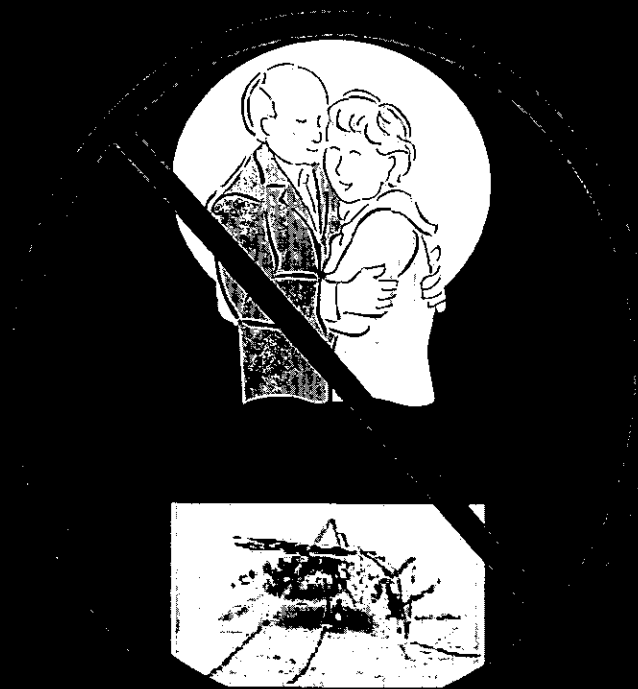
- HIV is spread when infected blood, semen, vaginal fluids, or breast milk gets into the bloodstream of another person:
  - Sexual contact
  - Sharing needles
  - Pregnancy, childbirth and breastfeeding
  - Workplace exposure to blood and/or body fluids



# Transmission of HIV

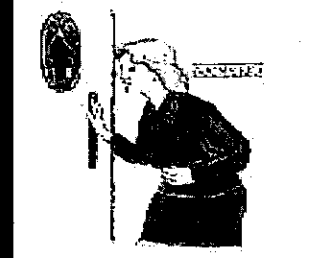
- HIV is not spread through:

- Casual contact
- Saliva
- Sweat
- Spit
- Tears
- Air
- Insects



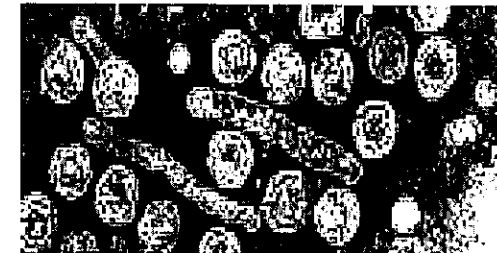
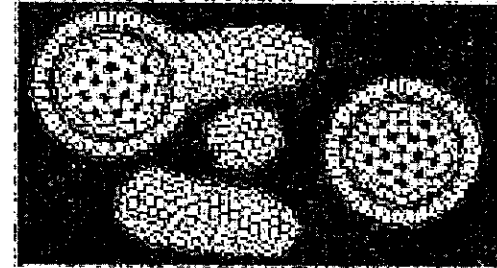
# Symptoms of HIV Infection

- May have some “flu-like” symptoms within a month after exposure
  - Fevers, chills, night sweats and rashes, sore muscles and joints, swollen lymph glands
- 7 – 10 years later symptoms appear
  - Skin rashes, fatigue, slight weight loss, night sweats, chronic diarrhea, thrush in the mouth
  - Symptoms last more than a few days and may continue for several weeks



# Hepatitis B (HBV)

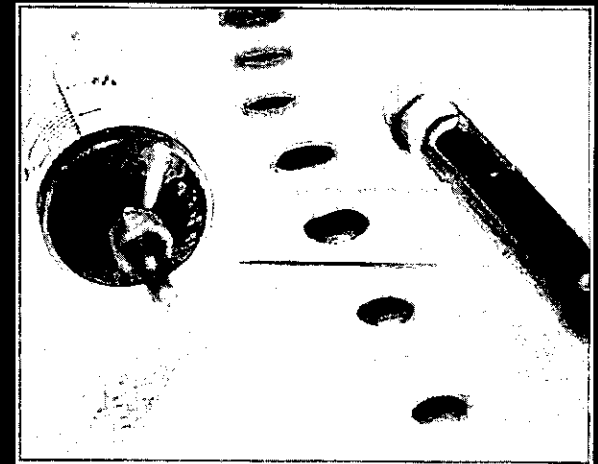
- A virus that infects the liver
- HBV can survive outside the body at room temperature for over 7 days
- HBV is more easily spread than HIV
- 90% of adults contracting the disease recover fully and develop immunity
- Up to 10% of adults contracting the disease become carriers



Courtesy, Linda Stannard, of the Department of Medical Microbiology, University of Cape Town

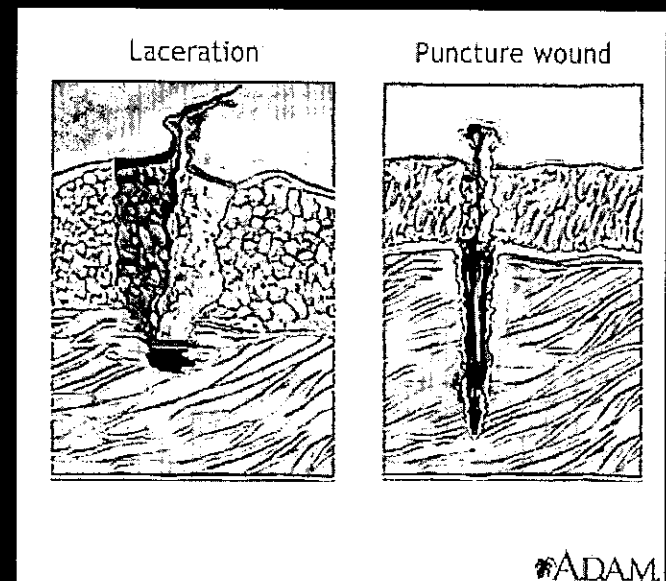
# HBV Transmission

- Infected blood and body fluids
- In infected persons, HBV can be found in:
  - Blood
  - Body tissue
  - Saliva
  - Semen
  - Vaginal secretions
  - Urine
  - Breast milk



# HBV Transmission in the Workplace

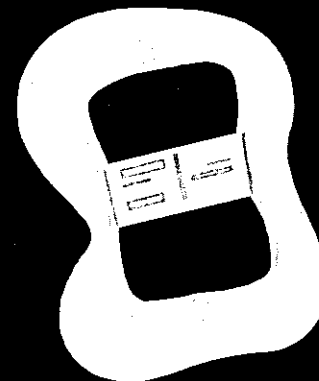
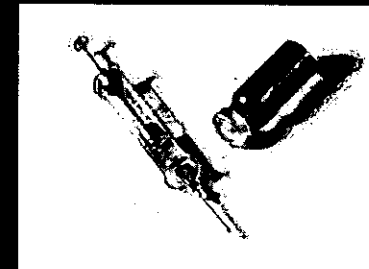
- Puncture wounds from sharps
- Contaminated body fluids entering:
  - An opening or break in the skin
  - Splashing into mucous membranes – eyes, nose, mouth





# HBV Transmission Outside the Workplace

- Unprotected sex
- Intravenous drug use
- Blood transfusions



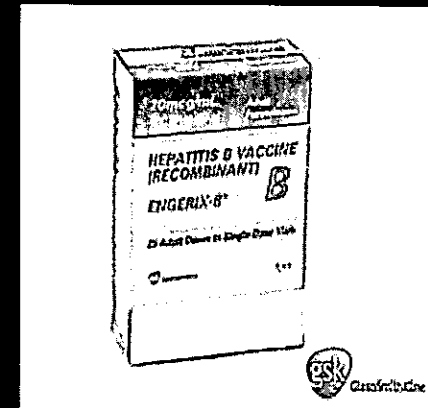
# Symptoms of HBV Infection



- Flu-like illness
- Aches
- Fatigue
- Nausea
- Vomiting
- Loss of appetite
- Abdominal pain
- Occasional diarrhea
- Jaundice

# Hepatitis B Vaccine

- A non-infectious, yeast-based vaccine
- Prepared from recombinant yeast cultures, not from human blood products
- No risk of developing HBV disease from the vaccine
- The vaccine has been proven to be 90%+ effective

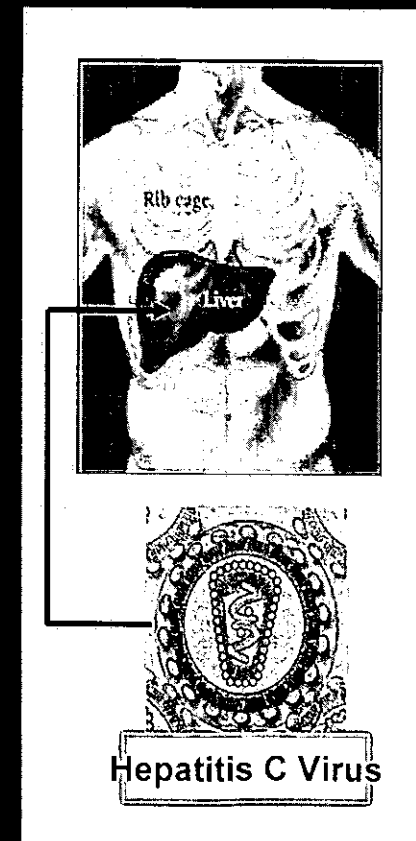


ENGERIX-B  
Hepatitis B Vaccine

Manufactured by:  
GlaxoSmithKline

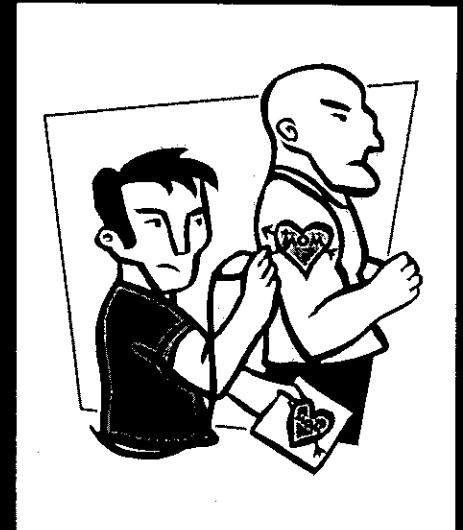
# General Facts About Hepatitis C

- HCV was identified in 1989
- One of the most common causes of chronic liver disease, cirrhosis and cancer
- ~ four million people affected in USA – with 180,000 new infections annually
- 8,000-10,000 HCV annual deaths in USA
- Globally ~ 170 million chronic infections



# Hepatitis C (HCV)

- Most commonly occurs in people who have:
  - received blood transfusions before 1992
  - shared needles
  - had tattoos
  - had body piercing
- Risk of sexual transmission appears to be small
- No evidence that it can be transmitted by casual contact, through foods, or by coughing or sneezing
- Transmission from mother to child appears to be uncommon



# Hepatitis C (HCV)

- The virus is very robust.
- The virus can remain undetected in the body for years
- HCV may be identified after 5 - 8 weeks from exposure in approximately 60% of infected persons
- Most Hepatitis C infections (80-90%) become chronic and lead to liver disease and liver failure
- There is no vaccine for Hepatitis C